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Newsletter

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Welcome to the fourth issue of our newsletter where you can find the latest updates about our work on the Erasmus+ SINCALA project.

EDUCATIONAL PLATFORM FOR INFORMAL CARERS

Due to the high prevalence of people who are acting as informal caregivers – we consider it incredibly important to offer opportunities for self-directed learning. This is due to many reasons, perhaps most importantly that many informal carers are seldom identified or given direct support by professionals during the earlier stages of caregiving, when they are still unaware of the available services and do not seek help.

On the other hand, we acknowledge that many carers, while motivated to do the best they can, if not trained or supported might not provide adequate care. Indeed, abuse and neglect often occur not out of an active intention or desire to do harm, but instead out of frustration, as a result of stress, depression and desperation. Any assistance that can be offered to informal caregivers, as early as possible in their new situations, can help them to possibly avoid such outcomes. To respond to the need of timely and low-threshold access to essential information, SINCALA partnership developed a set of training resources targeting informal carers. These materials have been placed on an open, online platform that provides a set of information useful for carers and suggestions on where and how they can seek for further help.

The educational platform for informal carers is available in all partners' languages and in English at: **https://sincala.eu/2educational-platform-for-informal-carers/**

WHAT'S NEXT?

SINCALA has come to an end, but you can still access all its results from: https://sincala.eu/

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