

## PRESS RELEASE # 3

### LEARN MORE ABOUT INFORMAL CARERS WITH OUR MOOC!

Massive Open Online Courses (MOOCs) are free online courses available for anyone to enrol. MOOCs provide an affordable and flexible way to learn new skills, advance your career and deliver quality educational experiences at scale and that's why nowadays millions of people around the world use them to learn new skills for personal and professional development.

In the framework of the [Erasmus+ SINCALA project](#), a transnational intervention aimed to support informal carers around Europe and professionals working with them, the Estonian partner University of Tartu has released a MOOC addressed to professionals from the health and social care sectors working with older people and their informal carers. The goal of the training is to help professionals identify and address violence-related issues in informal caregiving relationships.

The course starts on March 6th and ends on April 2nd 2023, lasting 4 weeks in total. It has 4 modules, which assume self-paced learning, so the course participants can complete them as soon as they like. After successful completion participants will receive 1 ECTS certificate digitally signed by the University of Tartu.

The course is conducted entirely in English. It is possible to register [at this link](#) before March 6th 2023.

The SINCALA project is implemented by a partnership between non-governmental organisations namely Women's Support and Information Centre (Estonia), coordinator of the consortium, together with The University of Tartu (Estonia), the Union of Women Associations of Heraklion and Alzheimer Hellas (Greece), Anziani e non solo (Italy), CASO50+ Centro de Atendimento e Servicos 50+, Associacao (Portugal), Spominčica - Alzheimer Slovenija (Slovenia).

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#### NOTES TO EDITORS

- To find out more about the SINCALA Programme please follow the link <https://sincala.eu>
- SINCALA is co-funded by the European Commission under the Grant Agreement: 2020-1-EE01-KA204-078004